

PAIN SECRETS YOU WON'T HEAR FROM YOUR DOCTOR...

# Protein = PAIN

**How to Eliminate the “Joint Pain Protein” and Get Lasting Relief Without Prescription Drugs**

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# CONTENTS

<b>Introduction: Could This “Joint Pain Protein” Be the REAL Cause of Your Chronic Pain?</b> .....	<b>1</b>
<b>Chapter One: Discover the “Rogue Protein” and the Simple Solution that Delivers FAST Pain Relief</b> .....	<b>7</b>
<b>Chapter Two: What Triggers the “Joint Pain Protein” to Grow Out of Control?</b> .....	<b>19</b>
<b>Chapter Three: Genius Doctor’s Natural Pain Cure Buried for More Than a Half-Century</b> .....	<b>28</b>
<b>Chapter Four: Why Haven’t I Heard This Before?</b> .....	<b>36</b>
<b>Chapter Five: Systemic Enzymes Are the First Choice for Pain Sufferers and Athletes Around the World</b> .....	<b>44</b>
<b>Chapter Six: Better Than Big Pharma’s Drugs for Heart Disease and Cancer... And MUCH Safer!</b> .....	<b>52</b>
<b>Chapter Seven: How Do You Find the Right Blend of Systemic Proteolytic Enzymes?</b> .....	<b>58</b>



## INTRODUCTION

# Could This “Joint Pain Protein” Be the REAL Cause of Your Chronic Pain?

You’ve been lied to.

Not all types of protein help you build muscle and lose weight.

In fact, there is *1 specific protein* that causes joint pain and inflammation...

Yet doctors and hospitals are completely in the dark.

For decades, their only strategy has been giving you pills for your pain.

And when those pills stop working, they give you *new* pills.

And when THOSE pills stop working, they give you a *combination* of pills.

Round and round you go...

The pain-pill merry-go-round never stops.

*And neither does your pain.*

You see, the mainstream medical machine doesn't care WHY your pain is lasting for weeks, months, and years... or WHAT the underlying cause may be.

Fixing your problem wouldn't be good for business.

Their only goal is *managing* your pain, because it keeps you coming back for more pills... and more "solutions" that are destined to fail.

That may be why they consistently overlook the compelling research that reveals the ONE true cause of ALL forms of chronic pain.

I'm talking about a specific protein that **causes** joint pain and inflammation.

***A simple little protein that leads to debilitating, lifelong chronic pain...***

And by chronic, I mean pain that lasts for years or decades.

***Pain that NEVER goes away.***

Some experts have called this sinister protein the “joint-pain protein”...

Yet many of the “health gurus” who keep pushing protein have no idea this even exists... *or that it’s the real trigger behind your endless pain.*

Truth is, this protein causes damage far beyond your joints.

This protein can even lead to deadly strokes, heart attacks, and blood cancer.

9 out of 10 Americans are exposed to this sinister protein every single day... *even vegans!*

If you want to get rid of the constant pain and nagging aches you’re experiencing right now...

**You MUST eliminate this protein.**

Now, it’s important to understand that this protein isn’t something you eat. And it’s not something you digest.

It’s actually made by your body. And it starts out as a critical part of your immune system.

Without it, you wouldn’t survive a simple cut. This protein helps your blood clot and isolates an injury so your immune system can go to work to fix it.

But in our modern world we have a problem.

***It’s called, “chronic inflammation.”***

Chronic inflammation triggers a reaction in your immune system that causes this protein to “go rogue.”

It goes from being the hero of your body’s healing mechanism to the villain — setting off a cascade of changes that leaves you suffering with chronic pain and feeling HOPELESS.

And it’s not just pain.

This rogue protein is linked to dozens of today’s most terrifying health concerns.

Here’s just a partial list:

- Heartburn
- Celiac Disease
- Food Allergies
- High Blood Pressure
- Heart Attack
- Stroke
- Obesity
- Crohn’s Disease
- Osteoarthritis
- Rheumatoid Arthritis
- Back Pain
- Neck Pain
- Sciatica
- Osteoporosis
- Pulmonary Fibrosis
- Sinusitis
- Alzheimer’s
- Hypothyroidism
- Multiple Sclerosis
- Cancer

If you're one of the millions of Americans struggling with chronic pain — or you have a loved one who's suffering — I promise you it's NOT hopeless.

There is a way out from under the crushing weight of chronic pain, and I'll explain exactly how in the pages that follow.

This book is likely the ONLY place you'll find this life-changing information along with all the *clinical evidence* that backs it up.

It's vitally important that you set aside the time to read it as soon as possible... and if you're reading the ebook version, I highly recommend you print it out and read it with your highlighter pen in hand.

The sad truth is that only a handful of savvy doctors and health care practitioners even know about this...

The sad truth is that only a handful of savvy doctors and health care practitioners even know about this “joint pain protein” and truly understand how it works, what it does, and the damage it can do.

In this book, you'll find out why most mainstream doctors are still in the dark, why hospitals and insurance companies routinely overlook this research, and how you can finally get lasting pain relief by sidestepping prescription pain meds.

Plus, you'll discover:

- How this “joint pain protein” keeps you in pain by STARVING your cells of vital oxygen.
- How a Columbia professor discovered the secret “*off switch*” for pain... Only to be IGNORED and SUPPRESSED by Big Pharma.
- Why the “*opioid crisis*” is putting you at risk for an early death... and the SAFE alternative your doctor will never tell you about.
- Why people over 50 NEVER get the relief they deserve... and the single most important discovery that WIPES OUT pain for desperate seniors.
- PLUS — How to start HEALING your achy joints and muscles in as little as 3 days!

When you target and neutralize this “joint pain protein,” you solve your pain problem... *permanently*.

Everything you need for safe, natural pain relief is in this book.

So let's get started!

To Your Pain-Free Life,

A handwritten signature in black ink that reads "Jess Cannon". The signature is written in a cursive, flowing style with a large, prominent 'J' and 'C'.

## CHAPTER ONE

# Discover the “Rogue Protein” and the Simple Solution that Delivers FAST Pain Relief

Your body is made up of thousands of proteins. They play a critical role in nearly every one of your body’s processes.

You need them to grow and maintain tissue, for digestion and for maintaining Ph levels. Proteins provide energy... they transport and store vital nutrients... and they keep your immune system strong.

There’s even one that’s responsible for healing your body when you’re hurt.

But when something goes awry with one of these proteins, it can wreak havoc on your entire body.

Now research has proven that the very same protein that's responsible for healing injuries, sprains, wounds and many other kinds of trauma...

*Is the hidden culprit behind almost all cases of chronic pain.*

How could this be true?

How could something that heals your body cause pain?

It happens when this normally helpful protein “goes rogue” and becomes the underlying cause of searing, burning, stabbing pain... *pain that never seems to go away.*

Mainstream medicine has all but ignored this pain-causing protein, but the science is undeniable:

- When researchers looked at patients with **osteoarthritis** of the knee, they found a proliferation of this “rogue protein” in their inflamed joints<sup>1</sup>...
- In patients with **fibromyalgia**, researchers found very high levels of this protein *throughout their entire bodies*<sup>2</sup>...
- An excess of this protein has been linked to **migraines**<sup>3</sup>...
- Large deposits of this protein have been found in people suffering from chronic late-stage **lymphedema** (in both upper and lower extremities)<sup>4</sup>...

➤ People with common painful vascular conditions like **thrombophlebitis** have also been shown to have a high level of this “good protein gone bad.”

How can a protein that’s designed to help you heal “turn to the dark side” and become responsible for your chronic pain?

Let me explain.

Under normal circumstances, your body has a system of well-designed checks and balances that keep all these proteins humming along and in perfect balance.

Your body makes just the right amount of proteins to do their jobs, then breaks them down and starts the process all over again.

But the environment we live in is anything but normal. We’re exposed to toxins on a daily basis.

Studies say more than 84,000 chemicals are circulating in our environment; many of them in the food we eat, the air we breathe, and the products we use.<sup>5</sup>

Now here’s where the trouble starts.

Your immune system gets “switched on” to fight these unnatural environmental toxins just as it would any other foreign invaders, like bacteria or viruses.

And the first thing your immune system does is trigger an *inflammatory response*.

Inflammation is the signal that tells this healing protein to go to work.

Normally, once the threat is over, inflammation dies down and this protein is broken down and disappears.

But because we're constantly bombarded by these toxic chemical invaders, the inflammation never cools off...

That means your immune system gets stuck in the "on" position.

That's when "normal" inflammation becomes "chronic" inflammation.

**And that's when this all-important "healing protein" goes rogue.**

It turns your body's healing system against you.

It reproduces like a runaway freight train... morphing into what some experts are calling the **"joint pain protein."**

When this "joint pain protein" builds up in your body, it takes on a life of its own, cutting off oxygen to the area that hurts.

**This lack of oxygen prevents healing and keeps you in long-term pain.**

But there's another problem...

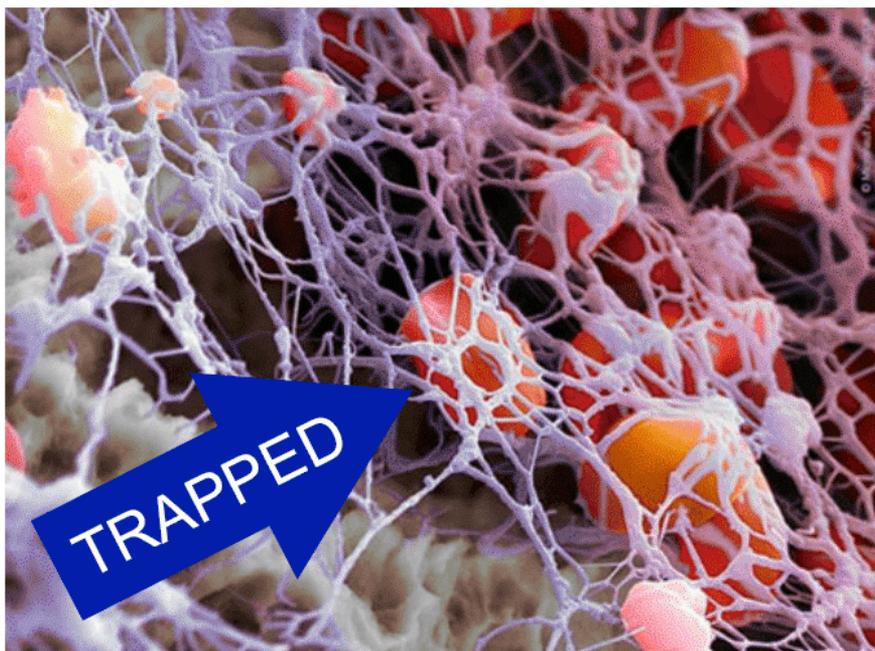
When you have too much of this protein multiplying and spreading throughout your body, it can cause *more* than just pain.

Too much of this protein has been linked to:

- Blood clots that can stop your heart in an instant...<sup>6</sup>
- Deadly strokes that can leave you paralyzed or kill you...<sup>7</sup>
- Chronic fatigue that can make day-to-day living feel like an overwhelming burden...<sup>8</sup>
- Increased risk of heart disease in diabetics, the No. 1 killer in patients with the disease...<sup>9</sup>
- Disfiguring rheumatoid arthritis and other autoimmune diseases...<sup>10</sup>
- Steep drops in your thyroid hormones,<sup>11</sup> which can cause weight gain, thinning hair, constipation, muscle aches, memory problems, and depression...

If you do nothing to stop this rogue “joint pain protein,” it will spread like wildfire, forming a sticky, tangled web that traps red blood cells. These protein clusters create a “sludge” out of your blood that’s hard for your heart to pump. This molasses-like, slow-moving sludge eventually turns your body into a wasteland of pain and fatigue.

Check out this picture taken with a scanning electron microscope. In it, you can clearly see one of these clusters made from these rogue proteins trapping red blood cells in its “sticky web.”



Here's why that's bad news for you: red blood cells are responsible for carrying oxygen throughout your body. When trapped in these proteins, they simply can't deliver oxygen to where your body needs it most.

Left untreated, these "rogue proteins" run wild, clogging up blood vessels, blocking circulation, and preventing oxygen-rich blood from flowing freely to the site of the injury.

And here's the rub: When the cells in the injured area don't get enough oxygen, *your brain starts sending out pain signals.*

As these rogue proteins strangle your insides and suffocate the affected area, you start feeling the *sharp, or aching pains* you know all too well.

## When Your Immune System Goes Haywire

Here's what's important to understand: In the right amounts, the substance that forms these sticky webs is an *essential* part of your body's immune system.

That's why we called it a "healing protein."

And under normal circumstances, this protein dictates how healthy and flexible every part of your body stays as you age.

We call this substance **fibrin**.

Think of fibrin as the first responder that races to the scene of an injury, just like a firefighter races to the scene of a fire. When the call for help goes out, fibrin molecules rush to the scene.

Shaped like long threads, each fibrin molecule interlaces to form a thin mesh around your wound. This mesh is critical for trapping platelets and red blood cells needed to form *blood clots*.

Without fibrin, even small wounds would just keep bleeding. Fibrin mesh is the base material for clots, scabs, scars, and eventual healthy skin.



Fibrin is the white, sticky mesh that surrounds a wound. In this illustration, we can see this fibrin mesh trapping red blood cells.

When everything is in perfect working order, the fibrin that rushed to the injured site is *dissolved* and disappears as you heal. Just like firefighters return to the station house after squelching the fire.

Here's how it works...

After a few days of repairs, your system sends in a second “clean-up crew” to *dissolve the excess fibrin* and leave your muscles, nerves, and blood vessels just as they were before you were hurt.

Unfortunately, most of our bodies are **NOT** in perfect working order. When we hurt, we take pills, and pain pills cancel the body's signal for these clean-up crews. They never show up.

**That means fibrin NEVER gets dissolved... and it NEVER disappears.**

When this happens, fibrin keeps rushing to the scene... and it just keeps building up and building up.

Imagine if every fire department in your state responded to a single house fire. Hundreds of trucks and thousands of firefighters racing to the scene, jamming up traffic and causing chaos.

That's what happens when fibrin keeps building up and accumulating.

These proteins keep piling on top of each other, forming a tangled web that just keeps growing and spreading.

Unfortunately,  
most of our  
bodies are  
**NOT** in perfect  
working order.

And as fibrin starts to accumulate, more and more **white blood cells** rush to the scene as well... remember, this is an *immune response*. White blood cells have a purpose, but when your immune system is always “switched on,” white blood cells start to outnumber your RED blood cells.

And that means a ***drop in oxygen***.

Over time, the fibrin molecules thicken and stiffen, forming scar tissue masses that can clog blood vessels, block oxygen delivery, and interfere with muscle function.

These fibrin webs are no joke.

When this excess scar tissue restricts blood flow and oxygen throughout your body, your healing process slows down and ***you stay in pain longer.***

As the scar tissue thickens, it reduces your range of motion and contributes to ***chronic pain.***

A prime example of this process in action is *fibromyalgia*. The pain and suffering of fibromyalgia have been linked to the proliferation of these toxic proteins in your muscle tissues.<sup>12</sup>

These proteins can eventually spread to every muscle and organ in your body and be a serious quality-of-life issue.

Has your doctor ever mentioned fibrin? It's unlikely.

Big Pharma has no interest in developing the fibrin angle... because once you understand what it is, and how it works, you can ditch their dangerous pain pills.

You see, research has already proven there's an effective way to eliminate this "joint pain protein"... and put an end to your pain.

***And it's completely safe and natural.***

In fact, it's used every day in European hospitals.

That means this breakthrough remedy you're about to discover is *already* helping folks like you break free from chronic pain.

Many of them get results in a matter of weeks...

Some reported less pain and greater flexibility and mobility ***in as little as 3 days.***

So if you want to...

**Move** like you used to move when you were younger, free from arthritis and joint pain...

**Feel** 10, 15, even 20 years younger so you can enjoy **living** instead of just "surviving"...

**And reclaim the life** this protein has stolen from you like a thief in the night...

I urge you to stop whatever you're doing, find a comfortable, quiet spot, and *keep reading.*

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## CHAPTER TWO

# What Triggers the “Joint Pain Protein” to Grow Out of Control?

If you're in pain, it's a clear sign that you have too much of this “joint pain protein” in your body. Even if you're eating right, exercising, and getting enough sleep.

Why?

Well, in a word... **inflammation.**

I'm sure you've heard about it. It's a hot topic these days, and for good reason.

In a 14-page spread, TIME magazine revealed that **chronic inflammation** is the root cause of ALL disease<sup>13</sup> — including



cancer, heart disease, diabetes... plus the arthritis and joint pain that robs millions of everyday people of their independence.

As you discovered earlier, some inflammation — like the redness and swelling around an injury — is a healthy, natural response from your body's immune system.

The problem is our bodies are constantly under attack in our modern world — from nonstop daily stress, from toxins in the environment, and from the processed and carb-loaded foods we eat, just to name a few.

Our immune systems are always “switched on,” and always in overdrive — and as a result, our bodies are *chronically inflamed*.

***Chronic inflammation is the constant, non-stop inflammation raging throughout your entire body.***

It serves no useful purpose. And in response to inflammation that never goes away, your body *produces too much fibrin*.

And the longer you stay chronically inflamed, the more these “rogue proteins” continue to grow and spread.

Remember, inflammation triggers your immune system... and your immune system triggers the production of fibrin.

***Constant inflammation means the constant production of fibrin.***

And it means constant pain.

There's compelling research that proves the connection between inflammation, fibrin, and pain.

In a 2003 study published in the journal of *Rheumatology*, scientists found high amounts of fibrin floating around in the fluid between the joints of animals suffering from arthritis.<sup>14</sup>

This wasn't surprising, because as we all know, fibrin and inflammation go hand-in-hand. But what *did* surprise the scientists was that over time, the fibrin started to exit the joint fluid and began latching on to the actual joint tissue in the arthritic animals.

### ***The fibrin created hardened deposits.***

The researchers found that not only did these fibrin deposits make joints swell even more, but that the swelling created even MORE inflammation.

It's a vicious cycle. Chronic inflammation causes the overgrowth of these joint pain proteins — and the overgrowth of these joint pain proteins causes even MORE inflammation.

And the same thing happens in humans...

A 2010 study published in the journal of *Thrombosis Research* looked at 46 human patients who suffered from arthritis.<sup>15</sup> And scientists found the same thing happening....

The joint tissue of the study participants was being plastered by sticky, thick, fibrin deposits, proving beyond a shadow of a doubt that **fibrin plays a key role in your arthritis.**

In fact, it also explains why other solutions for your arthritis have never worked in the past. And I'm willing to bet you've tried EVERYTHING.

Whether you've tried physical therapy, exercise, sports massage, acupuncture, hypnosis, or round after round of prescription pain pills... nothing has provided long-term relief because none of those options addressed the "joint pain protein."

Because as long as that hardened shell of fibrin is latched on to your joint tissue, you can take all of the anti-inflammatories in the world, but they won't do you much good.

Because the fibrin deposits will keep causing more inflammation...

Which will lead to even more fibrin...

Which will lead to MORE inflammation...

And on and on and on.

*Until you're stuck with chronic pain until the day you die.*

So how do you stop this runaway train from taking over your body and your life?

The solution is so simple it will amaze you.

## Target and Destroy Fibrin to Free Yourself from Pain For Good

As you've just discovered, excess fibrin can wreak havoc on your body. Over time, it will continue to spread, clogging blood vessels, cutting off circulation and oxygen, and causing pain.

But fibrin has an Achilles Heel.

You see, because fibrin is a protein, we already understand how to defeat it.

In order to eliminate proteins you have to break them down so that you can remove them from your body.

Nature gives us the means to break down proteins easily. Even for the sinister “joint pain protein” called fibrin.

...excess fibrin  
can wreak  
havoc on your  
body.

Decades of conclusive research has tells us the *fastest and easiest* way to eliminate fibrin is a unique combination of **systemic proteolytic enzymes and food-based anti-inflammatory nutrients**.

Proteolytic enzymes, also known as “proteases,” are enzymes that break down proteins into smaller parts, eventually breaking them down into amino acids. These special enzymes are naturally produced in your body by your pancreas. (They can also be found in certain foods, but more on that later.)

So if your body makes proteolytic enzymes, then why aren't they doing their job? Why aren't they breaking down the fibrin before it grows wild in your body?

There are two reasons. First, as you've learned, inflammation triggers an immune response that causes fibrin growth to rage out of control.

But here's the other problem...

When you're young, you have loads and loads of these enzymes. As you get older, production slows way down. That's why wounds and injuries are more likely to become chronic as you age.

You have probably noticed this yourself. When you were in your teens and 20s, you were able to "get back in the game" much quicker after an injury.

You can thank a youthful supply of enzymes for that!

We've actually known about enzymes for a long time. The scientific community first discovered enzymes' ability to break down proteins hundreds of years ago.

In fact, in the early 1700s, the prevailing thought was that when we ate food, there was some sort of mechanical process that took place inside the stomach to break it down.

But acting on a hunch, a French scientist named Rene Reamur put a small amount of meat (a protein) into a perforated metal capsule and fed it to a bird. The bird, of course, eventually vomited up the

capsule. The capsule was completely intact, but it was empty. The meat had been completely digested.

He performed the experiment again with a tiny sponge inside the capsule to extract the bird's gastric juices. This time, after the bird regurgitated the capsule, he dribbled the enzyme-rich juices on a piece of meat — and the meat decomposed.

The reason for this is because, as we now know, our body uses enzymes to break down our food.

For a real-life example of how this works, you only have to look at meat tenderizers. Meat tenderizers, like the powdered ones you buy at the grocery store, soften meat and make it more tender by breaking down muscle fibers and collagen webs that hold the meat together.

And do you know what the main ingredients in most of the tenderizers are? **Papain**, an enzyme found in papayas, and **bro-melain**, an enzyme found in pineapples.

Now, those scientists back in the 18th century were working with the kind of enzymes that most people are familiar with — digestive enzymes.

Digestive enzymes break down proteins in your gut. They aid your digestive system. They can be very useful, especially if you suffer from regular gas, bloating, abdominal pain, heartburn, or other gastrointestinal troubles.

Taking them orally may also help you from becoming deficient and straining your digestive system. But their benefits are limited to your digestive tract.

Digestive enzymes were only designed to function in your stomach acid and small intestine because of their particular pH level, so after being used for digestion they don't do much else for you.

But they're not the only types of enzymes your body makes. You actually make *tens of thousands* of different enzymes that regulate various biological processes and metabolic functions.

*Systemic proteolytic enzymes* are what we call “pH tolerant.” They're able to enter your small intestine and be absorbed into your bloodstream, where they become “activated.”

And that's when the real “magic” happens.

Once the *systemic proteolytic enzymes* enter your circulatory system, they travel throughout your body, gobbling up these joint pain proteins — those nasty webs of fibrin that strangle you from the inside out and cause you so much pain.

We know this because of the breakthrough work of a genius doctor named Dr. Max Wolf, who discovered *more than 7 decades ago* that systemic proteolytic enzymes have a remarkable ability to treat nearly every documented pain condition known to man.

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## CHAPTER THREE

# Genius Doctor's Natural Pain Cure Buried for More Than a Half-Century

**D**r. Max Wolf was a true innovator and a pioneer in the field of using specialized enzymes to treat pain. Yet his story — and the story of his incredible contributions to science and medicine — have been all but wiped from the historical record.

Born in Vienna, Austria, in 1885, Dr. Wolf was a bit of a Renaissance man. He worked as a civil and mechanical engineer before discovering his love



COLUMBIA UNIVERSITY



A rare, undated photo of the Columbia University professor who threatened Big Pharma's trillion-dollar pain pill empire.

for art, and becoming the official court painter for the Emperor of Austria.

He then moved to New York City to study medicine and was soon teaching at Fordham University. He practiced both gynecology and otolaryngology, wrote the first textbook about endocrinology, and then studied applied genetics.

He earned SEVEN separate doctoral degrees along the way.

Dr. Wolf was inquisitive, but easily bored. Once he became an expert in one field, he moved on to something else.

That is, until around 1930, when his interest shifted to enzyme research.

Intrigued by studies showing enzymes could destroy cancer cells, Dr. Wolf started his own research into systemic enzyme therapies. He was so blown away by what he found — particularly enzymes' ability to both relieve pain and destroy malignant cells — that he abandoned all of his other pursuits to focus solely on enzymes.

Over the next several decades, Dr. Wolf, by now a professor at New York City's prestigious **Columbia University**, began experimenting with various combinations of enzymes.

He found that when used in the right combination, systemic proteolytic enzymes had an ***extraordinary effect on pain***.

He found they could:<sup>16</sup>

- Reduce swelling and inflammation
- Enhance immune function
- Improve circulation
- Decrease pain
- Speed recovery time after injury or trauma
- Reduce scar formation
- Prevent serious negative outcomes associated with injury

He also found they eased the pain of certain rheumatic diseases, such as rheumatoid arthritis, soft tissue rheumatism, and ankylosing spondylitis.

Aside from enzymes' amazing ability to chew up fibrin, they also ***stop pain in its tracks*** in other important ways. They have been shown to reduce edema, or swelling from a buildup of fluid.

And like many prescription and over-the-counter painkillers, systemic proteolytic enzymes have an ***analgesic, or painkilling effect***.

So how do these enzymes kill pain?

They neutralize certain “inflammatory mediators,” like prostaglandins, that stimulate the nerve receptors that send the signal to your brain that you are in pain.

In simpler terms, this means **they shut down inflammation** and prevent fibrin from growing out of control before it starts.

## **Compelling Evidence from the World’s Most Prestigious Medical Journals**

If you’ve visited a doctor for pain over the past 20 years, chances are good you were given a prescription for NSAIDs or opioids.

Chances are also good that your doctor said nothing about systemic proteolytic enzymes — even though there’s a stack of clinical studies that show how effective they are for treating pain.

In one study, patients underwent two separate but comparable oral surgery procedures. They received enzymes after one procedure and a placebo after the other, although they were not told what post-procedure treatment they were getting at the time.<sup>17</sup>

Patients reported **FASTER recovery with less pain and swelling** after receiving enzymes.

Another study tracked the pain and level of swelling of women who underwent an episiotomy (an incision) while giving birth. Some were given enzymes, some were given a prescription anti-inflammatory, and the rest were given a placebo.<sup>18</sup>

Researchers found the enzymes to be just as effective as the drug — and significantly more effective than the placebo.

And incredibly, **96% of the women** taking the enzymes said their pain was **completely gone after just 4 days**.

Another study in the medical journal *Arthritis* shows a particular enzyme combination may be **just as effective** as certain NSAIDs (like Motrin and Advil) — and could stop the reliance on acetaminophen — in the management of chronic knee osteoarthritis.<sup>19</sup>

Plus, another 160 peer-reviewed studies confirm what Dr. Wolf discovered...

systemic multi-enzyme therapy:

- Speeds up healing
- Boosts your immune system
- Kills viruses and bacteria
- Improves circulation by breaking down debris and waste
- Decreases high blood pressure
- Improves heart health
- And most importantly, *reduces inflammation*

# Without Enzymes, Your Body's Healing System SHUTS DOWN

Dr. Wolf found the key that unlocked the mystery of chronic pain, but he also discovered something else that was just as important.

**He found that although your body makes an abundance of these all-important enzymes when you're young, production slows down after age 27 — and screeches to a halt after age 50.**

And if you're missing these enzymes, your body's natural healing mechanisms completely *shut down*.

That means blood and oxygen can no longer reach damaged tissue.

Here's the good news. Dr. Wolf discovered a natural way to *reintroduce* these painkilling enzymes back into your body...

Dr. Wolf found the key that unlocked the mystery of chronic pain...

He called it *systemic multi-enzyme therapy*.

Studies throughout the past century have proven that proteolytic enzymes increase *fibrinolytic activity*. In other words, *they eat up fibrin*. But Dr. Wolf was the first to really delve into fibrin-inflammation connection.

For years, Dr. Wolf was the go-to guy for pain.

He used systemic enzyme therapy extensively in his medical practice, treating high-profile patients like JFK and other members of the Kennedy family, Marilyn Monroe, Pablo Picasso, and Charlie Chaplin.

Dr. Wolf's breakthrough work should have gone down in the annals of medical history as the **ultimate natural pain-relief solution**. It should have been the end of the story.

But his work was marginalized by mainstream medicine... *Some even say it was blacklisted.*

And by the early 1970s, these natural enzymes were killed off by the meteoric rise of Big Pharma's new pain pills.

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## CHAPTER FOUR

# Why Haven't I Heard This Before?

**B**y now, you may be wondering why you've never heard of this natural pain solution... I asked myself the same question.

The primary reason this natural solution never made it to the mainstream is a diabolical scheme by a powerful family to make sure their dangerous pain drugs became the universal pain solution of choice... *no matter the consequences.*

That family is the Sacklers, the owners of Purdue Pharmaceuticals, and they've made HUNDREDS OF BILLIONS of dollars getting pain sufferers hooked on opioid pain pills.

You may have heard about the Sacklers in the news. They — and Purdue — are currently facing thousands of lawsuits<sup>20</sup> for their

direct role in creating the devastating opioid epidemic we're currently facing.

The opioid crisis has left a quarter-million people dead and millions more hopelessly addicted to Purdue's flagship product, **OxyContin** (a time-released oxycodone pill).

Approximately 1,000 people are treated in emergency rooms across the country every day for opioid abuse.<sup>21</sup> And about 142 Americans die EACH DAY because of these deadly drugs.<sup>22</sup>

**Former New Jersey governor Chris Christie vividly described the opioid death toll as “September 11th every three weeks.”**

If this hits close to home for you, you're not alone. A recent study found that **56% of Americans** either knew someone who struggled with opioid addiction or knew someone who died of an opioid overdose.<sup>23</sup>

None of this happened by accident.

Court documents show the Sacklers conspired to market their deadly pill as the safest, most effective option for pain sufferers — even though they knew from the get-go that their drug was both dangerous AND highly addictive.

They even intentionally misled doctors, who mistakenly believed that oxycodone was not as potent as morphine. The truth is OxyContin is MUCH stronger and much more addictive than morphine. (It was originally only prescribed to treat severe pain in terminal cancer patients or cases of extreme trauma.)

Back when OxyContin first hit the market, you couldn't go to a doctor's office without seeing brochures touting the drug on the end tables in the waiting rooms.

Or seeing promotional videos playing on waiting room TVs with "patients" giving raving testimonials about how they "got their life back with OxyContin."



Purdue's marketing strategy was brilliant, and it wasn't long before patients were asking for OxyContin by name. Doctors started prescribing it for even moderate cases of pain — to the tune of more than 200,000 prescriptions a year in the U.S.

At its peak, there were more than 81 opioid prescriptions written for every 100 people in America!

But that still wasn't enough for Purdue and the Sacklers. They flooded the market with OxyContin sales reps, spent big money lobbying state legislators to ensure that laws were passed that benefited them, and poured millions more into medical facilities and universities so they could promote Purdue's opioids.

Pitted against the deep pockets of this Big Pharma giant, Dr. Wolf's systemic proteolytic enzyme therapy didn't stand a chance.

## **Pain Pill Empire Booms With Help from the Government and FDA**

Despite their extraordinary efforts to push their poison pills on an unsuspecting public, the Sacklers didn't create this crisis on their own. **They had help from the United States government and the FDA — *the very group that is supposed to be protecting you.***

In fact, the FDA examiner who first approved OxyContin's application — a man named Curtis Wright — quit his job a year after the approval, and quickly moved on to a lucrative job at Purdue.<sup>24</sup> Coincidence? That's hard to believe.

But that's not all...

Incredibly, the FDA allowed Purdue to include the following statement in their package insert:

***“Delayed absorption, as provided by OxyContin tablets, is believed to reduce the abuse liability of a drug.”***



As we know now, nothing could be further from the truth...

It's no secret that millions of people who started on these deadly pain pills quickly became addicted. Others turned to the cheaper street alternative, heroin, to deal with their chronic pain.

Make no mistake, this new class of addicts aren't your typical "junkies." They are parents and grandparents, brothers and sisters, teachers and lawyers — all with one thing in common: They were in pain and trusted that their doctors had given them a safe treatment.

None of this mattered to the Sacklers, because as the body count ticked higher and higher, so did Purdue's bottom line.

*To add insult to injury, throughout three decades of lies and deception, Purdue spokespeople insisted that if you became addicted to their drug, it was YOUR fault.*

Keeping pain sufferers addicted to opioids meant the money kept rolling in for Purdue and the Sacklers.

Meanwhile, opioids do **nothing** to treat fibrin overgrowth, the true cause of most pain.

**Remember this: the ONLY thing a pain drug can do is block the pain signal. *That's it.***

Pain pills are simply a dangerous Band-Aid — and recent research shows they're not even very effective.

A study published in the March 2018 issue of the *Journal of the American Medical Association (JAMA)* looked at 240 patients with moderate to severe back pain or pain from osteoarthritis of the hip or knee.<sup>25</sup> Half were treated with opioids; the other half received non-opioid drugs, like Tylenol or NSAIDs. Researchers followed the study participants for 12 months.

**Pain pills  
are simply  
a dangerous  
Band-Aid**

Here's what the study authors said about what they observed:

*“Overall, opioids did not demonstrate any advantage over non-opioid medications that could potentially outweigh their great risk of harm.”*

Eliminating sticky webs of fibrin and inflammation with systemic enzyme therapy means you will no longer be a lifelong “pain customer” for Big Pharma. So getting rid of the *real source* of your pain is bad business for pharmaceutical giants like Purdue.

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## CHAPTER FIVE

# Systemic Enzymes Are the First Choice for Pain Sufferers and Athletes Around the World

The Sacklers' tentacles have reached around the globe, but nowhere has the devastation been felt more than in the United States. While Americans have been battling opioid addiction, in desperate need of **safe, effective** treatments for their pain, the situation is very different in much of Europe.

German scientists have known about the “**fibrin-inflammation connection**” for decades — and that’s why European doctors use Dr. Wolf’s *systemic multi-enzyme therapy*.

Dr. Wolf’s enzyme therapy is *standard treatment* for pain in almost every hospital in Germany.

The German Olympic Team uses these enzymes, too. Trainers for the German and Austrian Olympic teams learned of the painkilling power of enzymes back in 1984.

German physicians needed a solution to help athletes recover between competitions. Opiate painkillers made players feel “doped up” and sluggish. So German scientists tested *systemic multi-enzyme therapy* on a random group of 100 hockey players.

The result?

**Players who took systemic multi-enzymes between games recovered faster, had less swelling, and performed better than players who didn’t take the enzymes.**<sup>26</sup>

German doctors and players were so impressed with how well the enzymes stopped pain, ALL German athletes now receive systemic multi-enzyme therapy.

They believe so strongly in enzymes therapy, Germany and Austria ordered more than *ONE MILLION enzyme capsules* for their athletes for the 1998 Winter Olympics.

And today, the company that manufactures those enzyme capsules is an official supplier and sponsor of the German Olympic team.

You know who else swears by systemic proteolytic enzyme therapy?

Tennis legends *Steffi Graf* and *Boris Becker* — because they know systemic enzyme therapy can mean the difference between

getting back to peak performance or playing with nagging aches and pains.

Figure skater and two-time Olympic gold medalist **Katarina Witt** also relied on systemic enzyme therapy during her career on the ice. And enzymes continue to play an important role for NHL great **Jagr Jaromir** and world-class alpine skier **Hermann Maier**.<sup>27</sup>

There is solid, scientific proof that enzymes have a positive effect

You see, German doctors know that over time, the body repairs even the most painful joint or muscle... *as long as you clear out the excess fibrin.*

## Enzymes Offer More Than Just Pain Relief

When it comes to the benefits of systemic enzyme therapy, pain relief is just the tip of the iceberg.

Because research has shown that fibrin and the accompanying chronic inflammation are at the root of hundreds of different health conditions, we know that adding back the systemic proteolytic enzymes you've lost over the years can help treat — and even *reverse* — many of these diseases.

There is solid, scientific proof that enzymes have a positive effect on each of the conditions listed below:<sup>28</sup>

Diabetes	Cancer	Alzheimer's disease
Heart disease	Urinary tract infections	High blood pressure
Lymphedema	Kidney stones	Crohn's disease
Psoriasis	Chronic pelvic inflammatory disease (in women)	Cystic fibrosis
Multiple sclerosis and other nervous system disorders	Prostatitis and sexual dysfunction (in men)	Heartburn/ indigestion
Venous disorders	Autoimmune thyroid disease	Sinusitis
Respiratory tract infections	Osteoarthritis	Lyme disease
Asthma	Gout	Uterine fibroids
Eczema	Psoriatic arthritis	Hay fever/airborne allergies

This list is by no means exhaustive.

Let's take a closer look at what the research tells us about enzymes and chronic disease.

## **Alzheimer's Disease**

We know that inflammation plays a key role in neurological diseases like **Alzheimer's disease**. One of the ways it does this is through an increase in the production of a pro-inflammatory cytokine called "TNF-alpha."

Studies have shown that increased levels of TNF-alpha in the blood are linked to cognitive decline.<sup>29</sup>

But patients who receive systemic proteolytic enzyme therapy have been shown to have TNF-alpha levels that are **HALF** of people who don't receive enzyme therapy.<sup>30</sup>

But that's not all...

Higher levels of TNF-alpha are also associated with an increase of amyloid beta peptides. These peptides are what make up the dangerous plaques found in the brains of Alzheimer's patients.

When you use systemic enzyme therapy, you decrease TNF-alpha — and you slow the formation of the amyloid beta peptides that wreak havoc on your brain.

## Thyroid Disease

Systemic enzyme therapy also has the potential to change the lives of the 14 million Americans who live with the autoimmune thyroid disorder known as **Hashimoto's disease**.

The most common cause of hypothyroidism, people with Hashimoto's often experience weight gain, fatigue, joint and muscle pain, and hair loss.

It's usually treated with thyroid replacement therapy. But many people still experience symptoms even after their hormone levels are brought into balance.

Research has shown that systemic proteolytic enzyme therapy helps Hashimoto patients in a few important ways...

First, it's been shown to reduce the autoimmune antibodies that attack your thyroid. When your thyroid is no longer under attack from your immune system, it's able to resume making thyroid hormones the way it's supposed to.

Systemic enzyme therapy has also been shown to reduce levels of TSH (thyroid-stimulating hormone). High levels of TSH are associated with reduced thyroid function.

In a study published in the *International Journal of Immunorehabilitation*, researchers divided study participants suffering from an autoimmune thyroid disorder into two groups. One group received the synthetic thyroid drug L-tyroxin. The other group received both L-tyroxin and systemic enzymes.

The group that received only the drug showed improvement after six months of treatment... three months AFTER improvement was documented in the group that received enzymes.<sup>31</sup>

But even more remarkable, some of the patients in the enzyme group were able to lower their dosage of L-tyroxin after just three months — and some were able to stop taking it completely.

They also had a reduction in other symptoms of thyroid disease — like high cholesterol and triglycerides. The group taking synthetic thyroid hormones alone did not.

## Skin Conditions

Have itchy, problem skin? Enzymes can help with that, too. Even conditions that can be difficult to treat like **eczema** and **psoriasis**.

In one study from Russia, researchers found that combining systemic enzyme therapy with conventional treatments cleared up symptoms of eczema in as little as 10 days — *5 days faster* than patients who only used conventional treatments.<sup>32</sup>

A study looking at how patients with psoriasis responded to systemic enzyme therapy reported similar results. Patients who added systemic enzyme therapy to their traditional treatment saw improvement in 3 to 5 days, compared to 7 to 9 days in a control group that did not receive enzymes.<sup>33</sup>

They also went into ***complete remission*** an average of 4 to 6 days sooner than the control group and were significantly less likely to have a recurrence in the following year.

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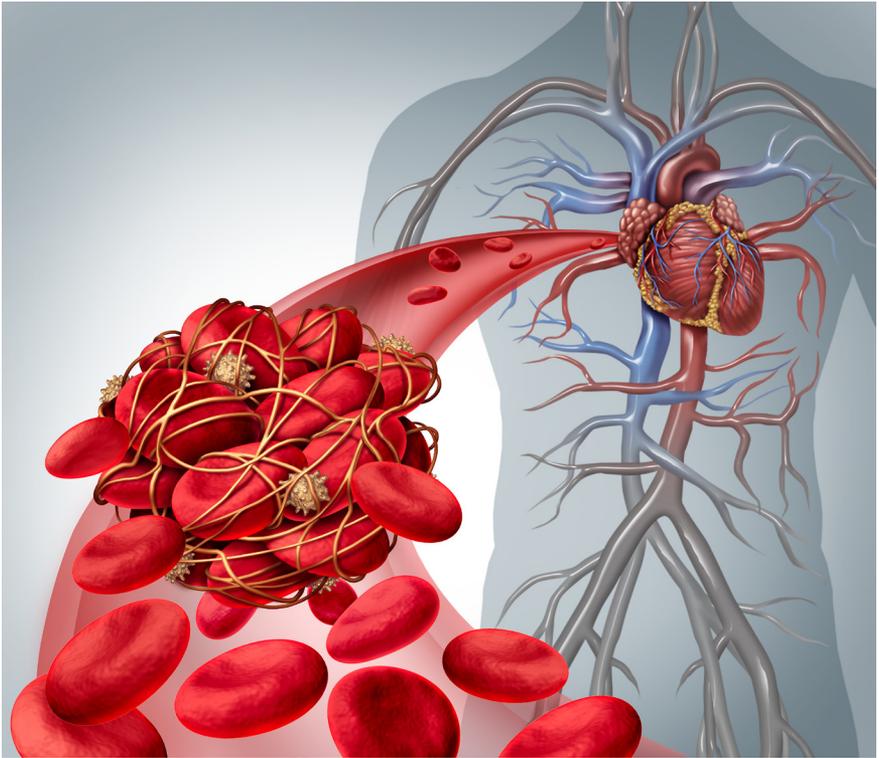
## CHAPTER SIX

# Better Than Big Pharma's Drugs for Heart Disease and Cancer... And MUCH Safer!

**F**or decades, we've been force-fed the claim that high cholesterol causes heart disease. The truth is there's a far more serious issue that's putting your heart health at risk: Blood with "high viscosity."

Or, in other words, blood that's thick and sticky like molasses. The medical term for this is "hypercoagulation."

Studies from Columbia University and the University of Amsterdam show a **strong link between excess fibrin and hypercoagulation.**<sup>34 35</sup> The fibrin webs in your body break up into clumps, or clots, and make their way through your bloodstream.



Harvard doctors say blood with the consistency of “motor oil” is harder to pump. This puts extra stress on your heart. It’s harder for your red blood cells to deliver oxygen and nutrients to organs and tissues. This thick blood also causes hypertension, or high blood pressure.

Plus, evidence shows hypercoagulated blood is *harsh and coarse* like sandpaper.

What does this mean?

Imagine you take out all of the blood from your body, mix it with sand, and then put it back in. This “grainy” and abrasive blood now rubs against your arteries’ sensitive lining, scraping and chafing your blood vessels every time your heart beats.

And health experts say this can spell “doom” for your heart and arteries.

Most doctors want to write you a prescription for statins and blood pressure medications. While these can “turn down” the dial on blood pressure temporarily and artificially lower your cholesterol, they don’t address excess fibrin — and they can cause other serious health issues you don’t want.

Because systemic proteolytic enzymes chew up these fibrin tangles, your blood becomes less sticky and flows more easily through your blood vessels, reducing the pressure on your heart.

Still worried about your cholesterol?

If you’re getting enough systemic proteolytic enzymes, you don’t have to be.

Studies show systemic proteolytic enzyme therapy lowers cholesterol, too.

In one study, patients showed a **24% decrease in cholesterol** after one month of taking proteolytic enzymes. Those same patients saw a 31% decrease in lipoproteins *and* lower levels of the inflammatory markers associated with atherosclerosis.<sup>36</sup>

## Enzymes Break Through Cancer Cells' Defense Shield

As early as 1960, researchers discovered that most tumors contain *large fibrin clots*.<sup>37</sup> It's been known for even longer, perhaps for more than a century, that fibrin is involved in the “persistence and progression” of cancer. And more recently it's been revealed that fibrin is a part of the supportive framework in certain human tumors.<sup>38</sup>

Dr. William Wong, ND, PhD, a leading researcher in enzyme therapy, explained:<sup>39</sup>

*“CA (cancer) cells are covered with fibrin... as the cells glom together to form tumors these growths themselves are armored with fibrin. This thick protective coating is designed to prevent the body's own defenses (i.e. natural killer cells, white blood cells or oxygen) from getting inside the cell or tumor to destroy it.*

*Would it not make sense to have something strip away the outer fibrous wall of CA so that whatever agents we are using as medicine, whether natural or otherwise, can actually get into the cell and do their job?”*

Indeed, it *would* make sense, and systemic proteolytic enzymes are just the compound to do it.

In drug studies, proteolytic enzymes are routinely used to do just that — dissolve the fibrin shield on cancer cells so the tumor

becomes vulnerable to the drug being tested! According to research published in the journal *Medical Hypotheses*:<sup>40</sup>

*“The tumor dons a ‘coat’ of the host’s own protein on its cell surface. The coat is composed of fibrin and of a polymeric form of human serum albumin (HSA)... Such a coated tumor appears as ‘self’ to the immune system, and thus is not detected as a tumor by the immune system...”*

*When tumors are prepared for in vitro assays against drugs, they are routinely treated with proteolytic enzymes... which dissolve the protein coat, exposing the tumor cell surface to the drug.”*

The reason some cancer drugs may **appear to work** in laboratory testing and then **fail to work in real people** may be due to the cancer shield — it’s broken down with proteolytic enzymes during the lab tests but not in the real world, unless, possibly, the patients happen to be taking systemic proteolytic enzymes.

Enzymes have been used in studies of cancer treatment before. In 2007, an animal study published in the journal *Planta Medica* found that bromelain (found in pineapples) treated cancer better than a chemotherapy drug — without toxic side effects.<sup>41</sup>

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## CHAPTER SEVEN

# How Do You Find the Right Blend of Systemic Proteolytic Enzymes?

**B**ecause your ability to produce proteolytic enzymes drops off after about the age of 27, it's critical that you get them from other sources.

Some proteolytic enzymes come from animals, but *plant-based enzymes* and *fungus-based enzymes* are a better choice because they can tolerate the gastric environment better (meaning they can survive stomach acid), so more of the enzymes make their way into your bloodstream.

**Protease 6.0** is a great example of a proteolytic enzyme that comes from a fungus. This enzyme comes from a fungus called *aspergillus oeryzae*. The Japanese word for it is “koji.”

Koji has been used in China and Japan for thousands of years in food preparation. It's used to ferment soybeans to make soy sauce, to make rice vinegars, and to make miso, among other things.

The protease 6.0 that's derived from koji is particularly good at reducing edema, clearing toxic waste, and reducing pain.

Other fantastic fungus-based proteolytic enzymes include **Protease AM** and **Alkaline Protease**.

Each of these fungus-based enzymes works best at different temperatures and different pH levels and in different parts of the body. They are most effective at providing pain relief — as well as numerous other health benefits — *when taken together*.

**Bromelain** and **papain** are two of the most widely known plant-based proteolytic enzymes.

Bromelain comes from the stem, core, and juice of the pineapple plant, while papain comes from the leaves, roots, and fruit of the papaya plant. Another good food source for proteolytic enzymes is figs, which contains the enzyme *ficin*.

Other good food sources of proteolytic enzymes include kiwi, ginger, asparagus, yogurt, and fermented foods such as kimchi, kefir, and sauerkraut.

Just by incorporating these foods into your diet, you'll be on your way to better health. But it's not enough.

Not even close!

In order to get enough bromelain in your system to see a real difference in your health, you'd have to eat 500 pineapples a day!

**If you want to get the full healing benefits of systemic proteolytic enzyme therapy, you MUST ramp up your body's enzyme supply with a high-quality systemic proteolytic enzyme supplement.**

There are quite a few proteolytic enzyme supplements on the market, but if you're looking for a total health transformation, you'll want to be sure you're putting your money and trust into a *formula based on proven research.*

## *Finally...* **A Modern Formula Based on Dr. Max Wolf's Research**

You won't find a more effective solution than **Heal-n-Soothe**<sup>®</sup> systemic proteolytic enzyme formula. In each three-capsule serving, you get **750 mg** of this proven systemic proteolytic enzyme blend.

At its core, **Heal-n-Soothe**<sup>®</sup> contains *five* of the most powerful systemic proteolytic enzymes:

- Bromelain
- Papain
- Protease 6.0
- Protease AM
- Alkaline Protease

These enzymes were carefully chosen because each is programmed to go into action at different times and for different reasons.

While **Heal-n-Soothe®** is based on Dr. Wolf's research, this formulation goes above and beyond the potent proteolytic enzyme blend.

Each capsule also includes a mix of **8 additional natural anti-inflammatory ingredients** — making it the most potent natural painkiller on the market today.

It's even more powerful than what Dr. Wolf was using on his celebrity patients.

You see, there's a *reason* Mother Nature has so many effective pain-relieving weapons in her war chest. They were never meant to be used alone.

## **More Natural Pain Relievers = Maximum Pain Relief**

Taking a systemic proteolytic enzyme supplement will chew up those sticky fibrin webs that are keeping you in pain, but adding other natural ingredients that have been proven to work synergistically with enzymes — and that help increase their absorption in your body — will provide you with *even more remarkable results*.

And that's exactly why we chose the most potent natural pain-relievers available when we created **Heal-n-Soothe®**:



## Turmeric

There's a lot of hype about turmeric and its active ingredient **curcumin** — and for good reason.

Turmeric uses its antioxidant powers to seek out and destroy free radicals in the body that contribute to pain and swelling.

In a recent study done at the prestigious Sloan-Kettering Cancer Research Center in New York, researchers found that turmeric was safer and more precise than aspirin at stopping inflammation.<sup>42</sup> It does this by shutting down the COX-2 enzyme responsible for pain.

## Devil's Claw

Like systemic enzyme therapy, devil's claw is one of the most commonly prescribed treatments for pain relief in Europe. In fact, devil's claw accounts for nearly **75% of all prescriptions for rheumatoid arthritis in Germany.**

It also slashes painful symptoms of tendonitis, bursitis... even lower back pain. Devil's claw has active ingredients called *harpagosides*.

A study published in the journal *Rheumatology* compared a Devil's Claw extract of 60 mg harpagosides a day and 12.5 mg a day of Vioxx for six weeks in 79 patients with severe lower back pain. The results? Devil's Claw was as effective as Vioxx — without the terrible side effects.<sup>43</sup>

In another study, people treated with devil's claw (along with turmeric and the enzyme bromelain) reported significant improvements in osteoarthritis pain. The researchers concluded that these natural anti-inflammatories may be a “valuable and safe alternative to NSAIDs in patients suffering from degenerative joint diseases.”<sup>44</sup>

## Boswellia

Also known as Indian frankincense, Boswellia is a real powerhouse for fighting joint pain, arthritis, and even back pain.

The sap from the *Boswellia serrata* tree, *oleoresin*, contains a mixture of naturally occurring organic acids. These acids inhibit pain and inflammation-causing enzymes.

They also limit the synthesis of fatty immune system molecules called *leukotrienes*. Those fatty molecules contribute to inflammation.

In a study published in the Natural Medicines Comprehensive Database, people taking *Boswellia* extract experienced a ***reduction in joint pain by up to 65%***.<sup>45</sup>

The same study showed that *Boswellia* extract reduced pain and swelling and increased mobility in people with arthritis, osteoarthritis, and other types of inflammation in their joints.

Rounding out the pain-fighting formula are **ginger, yucca root, rutin, citrus bioflavonoids and alpha-lipoic acid** — each of which brings its own unique pain-fighting properties to this robust formula.

Systemic multi-enzyme therapy is safe and non-addictive.

*And you don't need a prescription to get it.*

## **A Pain-Free Life is Finally Within Reach**

Dr. Wolf's life-changing research has been buried for far too long, largely a result of corporate greed and the willingness of the FDA to look the other way.

They made billions, while you've shelled out your hard-earned money on pain solutions that failed to deliver on their promises — or worse, put your health and life at risk.

It's time to put an end to the madness.

It's time to tell them, ***“NO MORE!”***

As soon as you start taking **Heal-n-Soothe®**, you restore the natural pain-fighting enzymes your body has lost over the years.

Every time you take the recommended dose, the enzymes and nutrients go to work dissolving dangerous fibrin webs and freeing you from the grip of chronic pain.

Suddenly, the chronic immune response quiets down... white blood cells decrease, and oxygen-delivering red blood cells increase.

***And boom... pain disappears.***

Imagine the mobility and flexibility you'll enjoy when you restore your body's youthful enzyme levels.

Imagine how revitalized you'll feel when you're able to start living life on your own terms again.

What will YOU do when you're no longer battling pain on a daily basis?

*Wouldn't you like to find out?*

If you're ready to join millions of people around the world who are living a pain-free life thanks to systemic multi-enzyme therapy, start your **FREE TRIAL of Heal-n-Soothe®** right away.

Just click the link below.



**Get a FREE Full Bottle Of Heal-n-Soothe® Today**



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